

◇ 英 語

英 2-1～英 2-12 まで 12 ページあります。

I 次の英文を読み、設問に答えなさい。解答はすべて所定の解答欄にマークしなさい。

What you see is what you eat. The latest study on this topic confirms that watching TV encourages children to eat more junk food. The reasons for the link between watching TV and eating junk food aren't surprising. First, young people watching TV are exposed to more advertising for unhealthy foods—such as fast food or sodas—than commercials for fresh fruits and vegetables. Previous studies showed that kids who watch a lot of TV are more likely to prefer eating foods high in sugar, salt and fat, even when they aren't watching TV. Also, when children spend more time in front of the screen, they are also less likely to be exercising or engaging in healthy physical activity.

The latest study involved more than 12,000 students in grades 5 through 10. The researchers asked the kids about how much time they spent every day watching TV, using the computer or playing video games. They also asked the students to report on how often they consumed various foods, including fruits, vegetables, soda and fast food.

The more TV kids watched, the more unhealthy food they ate. The results suggest that the problem is deeper than kids over-snacking out of boredom while sitting in front of the TV or computer. TV watching can set kids up for a deeper pattern of poor eating habits. When combined with lack of physical activity, this can cause obesity and serious health issues.

Researchers say there may be easy ways to stop unhealthy snacking in front of TV. The researchers recommend that parents limit the amount of time kids spend in front of a TV or computer — the *American Academy of Pediatrics suggests no more than two hours a day for children over two years old. The researchers also recommend that parents try to encourage healthier snacking habits during TV and computer time by giving kids healthy snacks such as fruits and nuts.

注：*American Academy of Pediatrics 「米國小児科学会」

解答番号 ~

次の1～6の設問に関する解答を①～④から一つずつ選びなさい。

1 What type of advertisements are children more likely to see on TV?

- ① advertisements for fresh fruit
- ② advertisements for popular health food
- ③ advertisements for junk food
- ④ advertisements for vegetables

2 What is TRUE about children who watch a lot of TV?

- ① They like eating foods containing sugar, salt and fat better than other food.
- ② They eat more fruits and vegetables than fast food.
- ④ They prefer exercising outside to playing video games indoors.
- ⑤ They want to eat various kinds of healthy foods when watching TV.

3 How many children were part of the recent study?

- ① more than one thousand two hundred
- ② more than one thousand and twenty
- ③ more than twelve hundred
- ④ more than twelve thousand

問題は次のページに続きます。

4 What was a topic the recent study did NOT ask children about?

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- ① the amount of TV they watched
- ② the type of computers they had
- ④ the time they spent playing videos games
- ⑤ the different foods they ate

5 What did the study results suggest?

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- ① The cause of serious health problems is mostly snacking while watching TV.
- ② Watching TV can cause children to have bad eating behaviors.
- ③ Lack of physical activity is the most serious cause of obesity.
- ④ Bored children watch more TV than children who play outside.

6 What is one of the suggestions researchers made?

6

- ① Parents should not let their children watch any TV.
- ② Parents should give children food that is good for them when they watch TV.
- ③ Parents should encourage their children to spend more time exercising outside.
- ④ Parents should throw away all the unhealthy food in the house.

このページは空白です。

II 次の会話を読み、空所 ~ に入る表現を ①～⑨から一つずつ選び所定の解答欄にマークしなさい。

Dialogue situation: Two friends meet at the airport.

Akio: Hi, Mark. It is good to see you again. How was your flight?

Mark: Hi Akio. It was great. () Thank you for coming to get me at the airport.

Akio: No problem. Do you need to help with your suitcases?

Mark: () I can manage them.

Akio: Okay. Follow me, and I'll take you to my car. How was your vacation?

Mark: It was wonderful. I was able to spend two weeks in Hawaii.

Akio: Hawaii? Isn't it really hot this time of year?

Mark: Actually, the weather was very comfortable. I was able to relax on the beach. I even took a surfing class.

Akio: Really? Were you able to stand up on the surfboard? I heard that surfing is very difficult.

Mark: () However, I was able to stand up on the board at the end.

My surfing instructor said I was a good student.

Akio: I'm not sure I believe that. ()

Mark: Ha-ha. I didn't take any photos. I was too busy having fun. Next time, you should come with me to Hawaii and I can show you my surfing skills.

Akio: That would be nice. ()

解答番号

7

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選択肢

- ① I hope I can go to Hawaii in the future.
- ② Did you forget your camera?
- ③ Well, I did fall off several times.
- ④ It was very easy to learn to surf.
- ⑤ The plane trip was very smooth.
- ⑥ The flight was quite bumpy and scary.
- ⑦ No, that's not necessary.
- ⑧ Do you have any pictures to prove it?
- ⑨ Yes, I checked several suitcases.

III 次の予定表とメールを読んで、設問に答えなさい。解答はすべて所定の解答欄にマークしなさい。

Justin's Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	14	15	16	17
	8:15am doctor appointment	9:30am planning meeting	9:00-11:00am department meeting	4:00pm internet conference with Toronto office	8:30am train to Chicago	10:00am tennis with Peter
	3:00pm tennis with Sophie		11:30am dentist appointment		12:30pm lunch meeting with Chicago staff	

To: Justin Blake
From: Sophie Thompson
Date: March 8
Subject: Tennis

I'm sorry I can't make our tennis date next week. It turns out I have a department meeting that starts an hour before our game is scheduled, and I'm sure it won't end before 5:00. Could we play the following day, same time, same place? Let me know, and I'll call the club to reserve the starting time.

I also wanted to let you know that Mr. Brown from our San Francisco office will be in town starting next Tuesday. I know you were eager to meet with him. Are you free Wednesday morning? If not, Thursday or Friday morning will do. I know you plan to leave for Chicago sometime Friday, but I hope you can find time to meet with Mr. Brown before then.

Are you planning to meet Peter for tennis in Chicago? If you see him, tell him I haven't forgotten that he owes me a game!

See you next week.
Sophie

問題は次のページに続きます。

解答番号

12

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16

予定表とメールの内容について、以下の設問に対する適切な解答を①～④から一つずつ
選びなさい。

1 When is Justin's dentist appointment?

12

- ① Monday
- ② Tuesday
- ③ Wednesday
- ④ Thursday

2 What will Justin do on Friday afternoon?

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- ① go to Chicago
- ② meet with people on the internet
- ③ go to the doctor
- ④ have a lunch meeting

3 What time does Sophie's department meeting begin?

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- ① 9:00 am
- ② 2:00 pm
- ③ 3:00 pm
- ④ 5:00 pm

問題は次のページに続きます。

4 According to the email, what day does Sophie want to play tennis with Justin?

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- ① Sunday
- ② Monday
- ③ Tuesday
- ④ Saturday

5 What will Justin probably do Thursday morning?

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- ① meet with Mr. Brown
- ② nothing
- ③ leave for Chicago
- ④ play tennis with Peter

V 次の1～3において語群を並べ替えて最も適切に意味の通じる英文を作りなさい。
語群から文の指定された二ヶ所に入る語句を選び、その語句の番号を所定の解答欄
にマークしなさい。

1 Could you () () () () () () ?

- 語群
- | | |
|---------|-------------|
| ① about | ② a teacher |
| ③ me | ④ remember |
| ⑤ tell | ⑥ you |

2 It () () () () () () for
my mother.

- 語群
- | | |
|--------------------|---------------|
| ① a birthday party | ② three hours |
| ③ for | ④ to |
| ⑤ took us | ⑥ prepare |

3 These days, it is very () () () () ()
() people.

- 語群
- | | |
|----------------|-------------|
| ① face shields | ② important |
| ③ in front of | ④ speaking |
| ⑤ to wear | ⑥ when |